

Sport programmes for UAE residents

Packages and prices for new sport courses 2019-2020



Our Sorbonne sport classes are open to the public!

We hope you enjoy the offer we have for you!

You will find all the information needed in this booklet.

Eligibility for registration for Sorbonne Abu Dhabi (non-student) sports activities:

- UAE residents only for all mentioned activities

How to register?

1. Online pre-registration: click **here** (desktop computers only, no mobile devices)
 2. You will receive a PDF document by email (the email might take up to 24h to 48h)
 - a. Print the PDF document
 3. Make an appointment by emailing **resa.sports@sorbonne.ae**
 - a. On the day of your appointment, bring all the documents listed below
 - b. Pay the fees at the Finance Department by credit card only (no cash accepted)
 - c. Wait 48 hours to receive an email for confirmation of your account activation
 - d. You can start to reserve facilities/courses and use your credit until the end of the validity of your package
 - e. Reservation: allowed two weeks in advance
 - f. Cancellation: maximum one hour before
- Documents for both new and renewing members to be presented for registration:
 - Valid Emirates ID copy + Passport copy
 - Insurance card copy + Phone number
 - Email contact and emergency contact number
 - Parental authorisation for under 18 years old guests – original only
 - 2 photos (one photo must be sent electronically and one photo given hard copy)
 - Online booking is mandatory for sport courses
 - It is mandatory that all children attending kids courses are the responsibility of their parents or an adult who must supervise them at all times whilst on campus, in the cafeteria and during the activity

Closing dates will be updated regularly.

For more information: **resa.sports@sorbonne.ae**

Bring your own towel and bottle. We will provide the water.....we support a green planet!

Sport auditors

	7:30am - 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm	
SUN																															
Dance studio																															
Climbing Wall																															
Martial arts																															
MON																															
Gym Dance studio																															
Climbing Wall																															
Sports hall																															
Martial arts																															
TUE																															
Gym Dance studio																															
Climbing Wall																															
Sports hall																															
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Climbing Wall																															
Sports hall																															
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Sports hall																															
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Climbing Wall																															
Sports hall																															

Healthy activities and martial arts: adults and teens



All prices below are for the academic year from September to June (10 months basis). All prices below do not include VAT.

Healthy activities	Max guests per course	Course duration	Number of courses per week
Spinning (mixed)	10	1h	2
Zumba	20	1h	1
Yoga	20	1h15	2
Circuit training (mixed - route)	20	1h30	1
Circuit training (mixed - gym)	10	1h30	1
Martial arts activities	Max guests per course	Course duration	Number of courses per week
Muay Thai (technique)	20	1h30	1
Muay Thai fitness	20	1h30	1
Aikibudo	20	1h30	1
Self defence	20	1h30	1
Judo (more than 13 years old)	30	1h30	1

Two activities max per week (even if they are not inside the same pack)	Cost
Full year (prorata temporis until beginning of February-after for the end of the year the 3 months offer is applicable)	AED 2,000
3 months (can start anytime during the year - between April to June prorata temporis)	AED 800
8 sessions (one time)	AED 500
Unlimited activities per week (all activities)	Cost
Full year (prorata temporis until beginning of February-after for the end of the year the 3 months offer is applicable)	AED 4,000
3 months (can start anytime during the year - between April to June prorata temporis)	AED 2,000
6 weeks (validate during 6 weeks - one time per guest)	AED 1,000

All the activities are between September 2019 until end of June 2020

	Discount	Description
Before 10th July 2019 at 3:00pm: new package 2019-2020	10%	Only applicable to renewals or new registrations. Combinable with below discounts.
Package		
Full year (activity 1) + full year (activity 2)	15%	Only if registration is before 15th October 2019
Full year (activity 1) + 3 months (activity 2)	10%	
3 months (activity 1) + 3 months (activity 2)	5%	
Family package (kids and parents)		
Full year	25%	Subscription at the same time same package
3 months	15%	

Climbing: adults, teens and kids



All prices below are for the academic year from September to June (10 months basis). All prices below do not include VAT.

Adult courses (16+ years old)	Max guests per course	Course duration	Number of courses per week	Cost
Discovery* (2 lessons belaying + 2 self training)	10	1h30	1	AED 450
Lead climbing* (4 lessons belaying + 2 self training)	20	1h30	1	AED 700
Workshop (4 per year on Saturday - climbing technique)	45	5h	N/A	AED 250

Adult courses (16+ years old)	Max guests per course	Course duration	Number of courses per week	10 sessions (one time only)	Unlimited (until end of June 2020)
Improvement	25	1h30	2	AED 600	AED 1,500
Advanced	25	2h	2	AED 600	AED 1,500
Advanced & Improvement	-	-	2 + 2	N/A	AED 2,500

Self training	Max guests per course	Course duration	Number of courses per week	4 sessions (one time only)	3 months unlimited (prorata temporis from April to June 2020)	Unlimited (prorata temporis during the academic year (this prorata is available only until the end of March) + bouldering wall access in July and August for free)
Adults	45	2h	10	AED 400	AED 2,500	AED 4,500
Kids-teens (belay only by their parents - after discovery courses if required)						

Kids and teen courses (6 to 15 years old)	Max guests per course	Course duration	Number of courses per week
6 to 9 (one course per week only)	8	1h	2
10 to 15 (one course per week only)	12	1h30	2
Sport group - 2 courses (only after selection 8 to 15 years old)	20	1h30	2

Full year (prorata temporis until March-for the end of the year the 3 months is applicable)	AED 2,600
3 months (can start every time during the year-between April to June prorata temporis)	AED 950
4 sessions (once a year)	AED 400

	Discount	Description
Before 10th July 2019 at 3:00pm: new package 2019-2020	10%	Only applicable to renewals or new registrations. Combinable with below discounts.
Package		
Full year (activity 1) + full year (activity 2)	15%	Only if registration is before 15th October 2019
Full year (activity 1) + 3 months (activity 2)	10%	
3 months (activity 1) + 3 months (activity 2)	5%	
Family package (kids and parents)		
Full year	25%	Subscription at the same time same package
3 months	15%	

*Discovery and lead courses have an alternating schedule every week between Sunday and Tuesday

Tennis: adults, teens and kids



All prices below are for the academic year from September to June (10 months basis). All prices below do not include VAT.

Court only (12 month validity)	Max guests per course	Session duration	10 sessions	20 sessions	40 sessions	60 sessions
Indoor (even in July and August) 1 court	4	1h	AED 700	AED 1,200	AED 2,200	AED 3,000
Outdoor (even in July and August) 2 courts	4	1h	AED 350	AED 600	AED 1,100	AED 1,500

Kids and teen courses (teacher and court)	Max guests per course	Session duration	Full year (prorata temporis)	3 months (prorata temporis from April to June)	4 lessons (once a year)
4 to 6 years old	6	1h	AED 2,600	AED 1,200	AED 400
7 to 9 years old	6	1h			
10 to 15 years old	6	1h			

	Discount	Description
Before 10th July 2019 at 3:00pm: new package 2019-2020	10%	Only applicable to renewals or new registrations. Combinable with below discounts.
Package		
Full year (activity 1) + full year (activity 2)	15%	Only if registration is before 15th October 2019
Full year (activity 1) + 3 months (activity 2)	10%	
3 months (activity 1) + 3 months (activity 2)	5%	
Family package (kids and parents)		
Full year	25%	Subscription at the same time same package
3 months	15%	

Tennis

FRI	7:30am - 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm								
Sports hall		Kids tennis (4-6 yrs) 9:30am to 10:30am							Kids tennis (7-9 yrs) 10:30am to 11:30am							Kids tennis (10-15 yrs) 11:30am to 12:30pm																						

Other activities



All prices below are for the academic year from September to June (10 months basis). All prices below do not include VAT.

Badminton (court only - 7 courts - access available during summer)	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from June to August)
Badminton (adults and teens)	35	2h	4	AED 1,500	AED 600

Volleyball course (court and teacher) teacher only during the academic year - access available during summer without coach	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from June to August)
Adult volleyball	45	2h	2	AED 1,300	AED 600
Teens and kids volleyball	25	1h30	1		

Adult futsal (court)	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from April to June)
Adult futsal	20	2h	1	AED 400	AED 200

Judo courses (teacher)	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from April to June)	4 lessons (once a year)
Mixed adult judo	45	1h30	1	AED 2,100	AED 850	AED 400
Ladies judo	45	1h30	1	AED 2,100	AED 850	AED 400
Teen and kids judo	25	1h	1	AED 1,300	AED 600	AED 250

Adult gym (leisure) - only for parents who are waiting during kids and teen lessons	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from April to June)
Adult gym	20	TBC	1	AED 500	AED 250

	Discount	Description
Before 10th July 2019 at 3:00pm: new package 2019-2020	10%	Only applicable to renewals or new registrations. Combinable with below discounts.
Package		
Full year (activity 1) + full year (activity 2)	15%	Only if registration is before 15th October 2019
Full year (activity 1) + 3 months (activity 2)	10%	
3 months (activity 1) + 3 months (activity 2)	5%	
Family package (kids and parents)		
Full year	25%	Subscription at the same time same package
3 months	15%	

Other activities

MON	7:30am 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm							
Sports hall																Volleyball Sorbonne ADVC																					
Martial arts													Judo (women only)					Judo mixed																			
TUE	7:30am 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm							
Sports hall																										Futsal											
THU	7:30am 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm							
Sports hall																	Volleyball Sorbonne ADVC																				
FRI	7:30am 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm							
Sports hall	Badminton						Badminton						Badminton						Badminton																		
Roof outdoor	Tennis court rental outdoor: full day from 8:00am to 10:00pm																																				
SAT	7:30am 8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm							
Sports hall										Badminton									Volleyball Sorbonne ADVC																		
Sports hall indoor	Tennis indoor 8:00am to 4:00pm																																				
Roof outdoor	Tennis court rental outdoor: full day from 8:00am to 10:00pm																																				

Activities: teens and kids



All prices below are for the academic year from September to June (10 months basis). All prices below do not include VAT.

Judo (court and teacher)	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from April to June)	4 lessons (once a year)
Teen and kids judo	25	1h	1	AED 1,300	AED 480	AED 250
Volleyball (court and teacher)	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from June to August)	
Teen and kids volleyball	25	1h30	1	AED 1,300	AED 600	
Tennis - kids and teens (court and teacher)	Max guests per course	Session duration	Full year (prorata temporis)	3 months (prorata temporis from April to June)	4 lessons (once a year)	
4 to 6 years old	6	1h	AED 2,600	AED 960	AED 400	
7 to 9 years old	6	1h				
10 to 15 years old	6	1h				
Climbing - kids and teens (6 to 15 years old)	Max guests per course	Session duration	Number of courses per week			
6 to 9 years old (one course per week only)	8	1h	2			
10 to 15 years old (one course per week only)	12	1h30	2			
Sport group 2 courses (only after selection 8 to 15 years old)	20	1h30	2			
Full year (prorata temporis until March-for the end of the year the 3 months is applicable)				AED 2,600		
3 months (can start every time during the year-between April to June prorata temporis)				AED 950		
4 sessions (once a year)				AED 400		
Climbing self-training	Max guests per course	Course duration	Number of courses per week	4 sessions (one time only)	3 months unlimited (prorata temporis from April to June 2020)	Unlimited (prorata temporis during the academic year (this package is available only until the end of March))
Kids-teens (belay only by their parents - after discovery courses if required)				AED 400	AED 2,500	AED 4,500
Adult gym (leisure) - only for parents who are waiting during kids and teen lessons	Max guests per course	Session duration	Number of courses per week	Full year (prorata temporis)	3 months (prorata temporis from April to June)	
Adult gym	20	TBC	1	AED 500	AED 250	
		Discount	Description			
Before 10th July 2019 at 3:00pm: new package 2019-2020		10%	Only applicable to renewals or new registrations. Combinable with below discounts.			
Package						
Full year (activity 1) + full year (activity 2)		15%	Only if registration is before 15th October 2019			
Full year (activity 1) + 3 months (activity 2)		10%				
3 months (activity 1) + 3 months (activity 2)		5%				
Family package (kids and parents)						
Full year		25%	Subscription at the same time same package			
3 months		15%				

